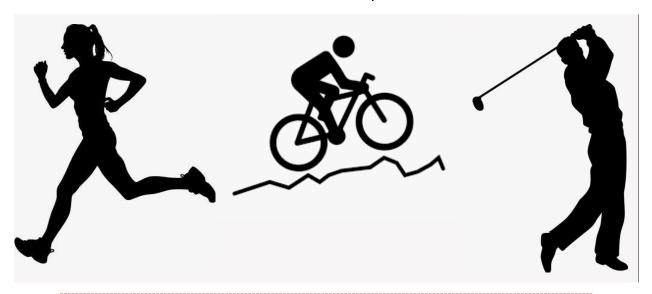
## Sent March 30, 2021



### Hello friends of The Boston House!

We wanted to let you know about some upcoming, exciting fundraising opportunities! There's something for a variety of interests and for ALL levels of fitness.

# RUN or walk!



### The 49th Annual ASICS Falmouth Road Race

August 15th, 2021

This year the seven-mile race can be completed virtually, on the route of your choice, over the course of a week. Please email us at <a href="mailto:run@thebostonhouse.org">run@thebostonhouse.org</a> for more information.

# **BIKE**



Rodman Ride for Kids September 25<sup>th</sup>, 2021

This year we're thrilled to announce that we've been accepted as a charity to participate in the Rodman Ride for Kids – a bike ride with several levels that can also be completed in your own neighborhood or any other route

# you choose. Please email us at <a href="mailto:info@thebostonhouse.org">info@thebostonhouse.org</a> for more information.

# **GOLF**

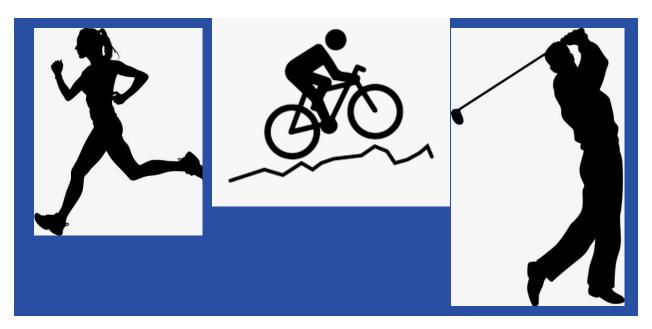


# The 25th Annual The Boston House Golf Tournament October 12th, 2021 Tedesco Country Club, Marblehead MA

This year we're back at a new location, and it promises to be a fun and festive day of golf at a beautiful course. Please email us at <a href="mailto:golf@thebostonhouse.org">golf@thebostonhouse.org</a> for more information.

Join us for one, two or all three – (A "Triathlon!")! We would love if you could participate in ANY event, and those who participate in all events receive a special commemorative gift from The House. Send us an email at <a href="mailto:info@thebostonhouse.org">info@thebostonhouse.org</a> with any questions.

Sent October 22, 2021



The Boston House "Triathlon"

### Happy Friday, Team TBH!

As you may be aware, we just completed our first The Boston House "Triathlon" cycle, with friends and volunteers participating on our behalf in each of three events: The 49th Annual ASICS Falmouth Road Race in August, The Rodman Ride for Kids on September 25th (for the first time in The Boston House's history!), and our 25th Annual Golf Tournament at Tedesco Country Club on October 12th. Each of these events were successful and a great experience for all involved.

To be counted as a member of The Boston House's 1st Annual Triathlon Club, you must have participated in, volunteered at, or made a financial donation to all three events (any combination counts). We know of some members who will be inducted but think we are missing some folks. Please let us know if you should be part of the first club and we'll send you your commemorative gift!

If you'd like to be a member of the Triathlon Club next year, let us know that too! There's something for a variety of interests and for ALL levels of fitness.

Send us an email at info@thebostonhouse.org with any questions.

Sent April 22, 2022

We hope you are enjoying Volunteer Appreciation Week!

We've heard from so many of you who are eager to be of service to The Boston House in any way you can, and we hope you know how much it means to us and our families! Though it remains uncertain when we'll feel comfortable opening up The House for inperson volunteering, there are a number of opportunities to support us in a remote capacity and every one of them makes a HUGE difference!

#### **Falmouth Road Race:**

There are still several bibs available for the 50<sup>th</sup> Annual Falmouth Road Race. The 7-mile race can be run in-person in Falmouth on August 21st, or can be run OR walked from any location over the course of a week. There is a \$750 fundraising minimum to claim a bib, but TBH covers your registration fee, provides a team t-shirt and sponsors a party in Falmouth after the race. Click **here** if you're interested in joining the team. You can also sponsor a runner here is our **team page**). We want to give a special shout-out to Chris Hancock who is not only SMASHING his fundraising goal this early in the game, but also leading the way for ALL charity runners.

### **Rodman Ride for Kids:**

If biking is more your speed, for the second year in a row we've been selected to participate in the **Rodman Ride for Kids** which takes place on September 24<sup>th</sup> in Foxboro, MA (there is also a remote component). For more information, please write Mike at <a href="mike@thebostonhouse.org">mike@thebostonhouse.org</a>

### The 26th Annual The Boston House Golf Tournament and Auction:

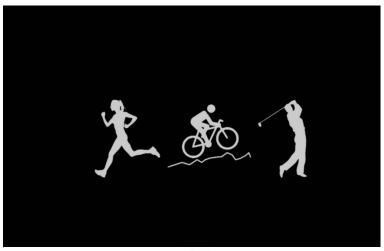
We are once again welcoming golfers to Tedesco Country Club in Marblehead, MA on October 11<sup>th</sup>. Watch **this space** for more information. We could also use volunteers at the venue on the day of event, donations for the online auction, and of course, bidders for those great prizes (the auction will be open to all). Please contact Dawn at **dawn@thebostonhouse.org** if you'd like to be involved.

#### The Boston House "Triathlon":

A Boston House Triathlete is someone who participates in all three of these events, which means,

- 1) You run in the FRR, or make a cash donation in support of the Road Race, or volunteer in support of the FRR; and
- 2) You ride in the RRfK, or make a cash donation in support of the Ride, or volunteer in support of the Ride; and
- 3) You pay to golf in the tournament, or you donate an auction gift/win an auction gift/give a cash donation like Share-A-Night, or volunteer in support of the Tournament.

We hope you'll consider being a triathlete! On top of bragging rights, all participants will receive a t-shirt like this.





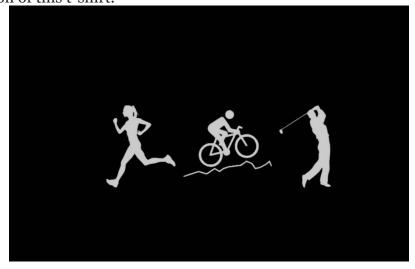
Sent August 19, 2022

We've reached the time of year at The Boston House where we are in full "events" mode, with our major fundraising events occurring in three consecutive months. First up, of course, is the Falmouth Road Race which will take place this coming Sunday, August 21st (and a bit earlier for those who ran the remote version, like our friends pictured above).

As we ramp up to a busy, essential season, we thought it would be a great time to remind our community about The Boston House "Triathlon." It's not a traditional triathlon, of course, but you can be counted among the participants in the following ways:

- 1) You run in the Falmouth Road Race, or make a cash donation in support of the Road Race, or volunteer in support of the FRR; and
- 2) You ride in the Rodman Ride for Kids, or make a cash donation in support of the Ride, or volunteer in support of the Ride; and
- 3) You pay to golf in the 26<sup>th</sup> Annual The Boston House Golf Tournament, or you donate an auction gift/win an auction gift/give a cash donation like Share-A-Night, or volunteer in support of the Tournament.

We hope you'll consider being a triathlete! On top of bragging rights, all participants will receive a version of this t-shirt.





Could you see yourself in the 2022 version of the coveted TBH Triathlon shirt?

Sent May 19, 2023



The Coveted Boston House "Triathlon" T-Shirt
As you may be aware, event season is upon us. It kicks off with the 51st
Annual ASICS Falmouth Road Race on August 20th, followed by the
Rodman Ride for Kids on September 23rd and wrapping up with the
27th Annual Boston House Golf Tournament at Tedesco Country Club on
October 10th.

To be counted as a member of The Boston House's Triathlon Club, you must have participated in, volunteered at, or made a financial donation to all three events (any combination counts). Those who complete this Triathlon get bragging rights, as well as the very attractive 2023 edition t-shirt.

There's something for a variety of interests and for ALL levels of fitness and we hope that you'll consider joining up. There are still spots available if you want to participate in any of the events, but they go quickly so please let us know!